

To Whom It May Concern:

I joyfully embrace my path as an educator, workshop facilitator, singer and song leader. I design and facilitate transformational and empowering workshops that inspire connection to life purpose and passion. In addition to serving as an assistant teacher for the Hidden Treasure program, a three-year course in healing and personal growth, I offer outreach programs for teenagers, children and adults.

My assembly offering called “Uncover Your Dreams, Discover Your Voice” includes inspirational talks and a performance featuring my uplifting, a cappella soul quintet. This diverse group of singers shares their journey of fulfilling their dreams after pursuing degrees at Ithaca College and Cornell University.

I offer “Uncover Your Dreams, Discover Your Voice” as a participatory workshop, class series or after-school program. Participants engage in meditation practices, discussion, reflective writing, art, movement, uplifting songs and active visualizations that connect them to their joy and purpose in a supportive environment.

I regularly offer uplifting multicultural singing workshops and classes, which reconnect us to “The Joy of Group Singing”. In addition to songs and exercises that build deeper connections to one’s self and others, participants learn about the therapeutic benefits of singing in groups. To further tap into spontaneity and the creative spirit, I offer “The Joy of Improvisational Singing”. “World Music, Movement and Mindfulness” classes are available for children.

It is a tremendous joy to tailor my offerings to the needs of participants in a variety of settings, which include schools, higher education institutions, retreat centers, yoga studios, business organizations, religious institutions and community centers. I look forward to a potential collaboration.

**My Philosophy:**

Supportive community circles have the capacity to create healing connections by generating a sense of belonging and acceptance. Those who connect to their authentic voice and sense of purpose within a supportive community experience greater mental, physical, and emotional health. Together, we have the power to replace depression, violence, rage and unrest with joy, happiness, fulfillment and harmony.

With optimism,

Elisa Sciscioli

**Elisa Sciscioli**  
**Educator, Workshop Facilitator & Song Leader**

3 Elmcrest Circle  
Ithaca NY 14850

www.elisasciscioli.myefolio.com  
ers718@gmail.com  
(607) 269-0451

***EDUCATION***

<b>Sofia University</b> , Palo Alto CA M.A. Transpersonal Psychology with specialization in Creativity and Innovation	2012 - 2014
<b>Ithaca College</b> , Ithaca NY B.M. Music Education and Vocal Performance	1998 - 2003
Light on the Hill Retreat Center      Hidden Treasure Program	2003 - 2006
Omega Institute NYC Conference      Living a Fearless Life	2005

**Workshops and Retreats with:**

Jeanie Lovetri	- "Voice as a Tool for Healing" – Fifth Line Studio NYC	2012
Adyashanti	- "Silent Meditation Retreat" – Omega Institute	2011
Bobby McFerrin	- "Spontaneous Inventions" - Omega Institute	2007
Rhiannon	- "Vocal Improvisation Workshop" - Omega Institute	2007
Ysaye Barnwell (Sweet Honey in the Rock)	- "Singing in the African American Tradition" - Kirkridge Retreat Center	2007
Vikki True & John DeKatt	- "African Drumming and Soul Singing" – Kripalu	2004

***TEACHING EXPERIENCE***

<b>Sofia University Global Master's Seminar</b> - Los Gatos, CA <i>Practicum Assistant to Chair Nancy Rowe</i> • Six day seminar, workshop and song leadership	2012-2013
<b>Light on the Hill Retreat Center</b> - Van Etten NY <i>Assistant Teacher for The Hidden Treasure Program</i> • Three-year course in personal healing and growth	2011- current

<b>Living Hope Fellowship</b> – Lansing, NY <i>Guest church service leader</i>	2013-2014
• Sermon series on singing as a spiritual practice	
<b>Uncover Your Dreams, Discover Your Voice Workshop</b> <i>Cofounder and Instructor</i>	2012 - current
• Inspirational life purpose exploration for teenagers and adults	
<b>The Joy of Group Singing Program</b> <i>Founder and Instructor</i>	2006 - current
• Classes and workshops for adults	
• Basics of harmony singing, the body as an instrument, movement and freeing the voice, singing as a meditative practice and vocal improvisation	
<b>World Music Workshop Facilitator</b>	2003 - current
• Pre-K through adult	
• Simple songs, chants and practices from - Sufi, Hindu, Hebrew, Gospel, African, Native American, South American, Jamaican and European cultures.	
• Incorporates Native American flute, frame drum, African djembe and South American hand percussion instruments	
<b>Private Voice Lesson Studio - Ithaca NY</b> <i>Instructor</i>	2003 - current
• Teenage and adult individual vocal instruction	
• Contemporary styles of singing	
• Audition and performance preparation	
<b>The Community School of Music and Arts - Ithaca, NY</b> <i>Voice Teacher</i>	2003 - current
<i>Pre-K Music and Movement Teacher</i>	2003 - 2004

## ***MUSIC PERFORMANCES***

<b>Honey Child Soul Quintet</b> Uplifting, inspirational vocal a cappella group	2012 - current
<b>Elisa Sciscioli with Solstice</b> Original and classic R&B with world music influence	2008 - 2012
• Founder, lead singer and songwriter	
<b>Sharon Jones and the Dap Kings</b> Internationally touring 60s kick back soul band	2008
• Guest singer at The State Theater in Ithaca NY	
<b>Mutron Warriors</b> 8-piece soul, funk and afrobeat band	2008 - 2010
• Lead singer, alto saxophonist and hand percussionist	

**Kevin Kinsella's Band** (founding member of John Brown's Body) 2007 - 2008  
Original reggae music  
• Harmony singer and hand percussionist

**Yacouba Diarra and The Spirit Gatherers** 2006 -2007  
Original music from Burkina Faso, Africa  
• Harmony singer and hand percussionist

**The Destination** 2004 - 2007  
9 piece classic R&B, 60s Motown cover band  
• Singer, saxophonist and hand percussionist

### ***DISCOGRAPHY***

***Red Sky*** – Elisa Sciscioli with Solstice 2009  
• Original conscious soul album with R&B, funk, gospel, Latin and reggae influences